



NGAA RAURU KIITAH IWI

WAITOOTARA AWA HIIKOI

6-9 March 2018

HIIKOI INFORMATION:

1. There is no cost for this waananga
2. Registrations close **23 February 2018**
3. Participants with little/no water experience / competency on the Awa must participate in the river safety workshop on the hiikoi
4. All Participants will be expected to participate fully in all waananga activities and share group tasks when your allocated group is on duty. This includes the cleaning of all marae and/or camp sites before leaving the site
5. The participants may be required to share preparation and cooking of meals
6. Due to health and safety provisions:
 - a. The age limit to participate as a Kaihoe is 12 years and over. The Waitootara Awa Hiikoi Safety Coordinator will, at his discretion, consider on a case by case basis, persons under this age being able to paddle on the awa with an experienced supervisor
 - b. Persons under 16 years of age must be accompanied by an adult (adequate supervision is 1 adult:3 rangatahi)
 - c. The maximum capacity for Kaihoe is 40 persons
 - d. The maximum capacity at the puupahi (all persons including tamariki at camp sites) is 60 persons
 - e. All participants must be reasonably fit and able to swim
 - f. This is an alcohol and drug free event
 - g. All participants are required to bring any prescribed medication they might require
7. All participants will be required to provide their own equipment (please see equipment list below). You will be responsible for your own equipment. Hireage of any equipment is your own responsibility
8. The daily programme is subject to change without notice

EQUIPMENT LIST:

It is compulsory for all participants to bring the following items. Please also ensure you name your belongings.

ESSENTIAL ITEMS -				
1x day pack		1x long warm pants		1x pair of sandshoes
1x tent and ground sheet		2x warm jerseys (1x spare for when coming off the awa)		1x pair of water sandals
1x roll mat		1x tracksuit for nightwear		1x rain coat
1x sleeping bag		3x shorts		Rubbish bags for personal items/rubbish
1x sheet		3x tee-shirts or singlet (quick dry, not cotton)		1x each of plate, cup, cutlery, bowl, tea towel
1x pillow case		2x thermal tops (woolen)		1x drink bottle
1x small dry bag		2x thermal leggings/long johns		2x towels
1x kayak/canoe (inexperienced or between 12-16 years, must have an experienced paddler accompanying)		1x swimsuit/togs (wetsuit optional)		1x sun hat
Paddle/s		Male – 1x long trousers for whakaeke marae		Environmentally safe toiletries i.e. Ecostore bodywash
1x plastic water bailer (2L milk bottle)		Female – 1x black skirt for whakaeke marae		Personal First Aid Kit inc. Diastop, antiseptic, prescribed meds, sunblock, lip balm, insect repellent, hand sanitiser
1x 6 metre rope		2x thick socks		3x toilet rolls
1x life jacket		Underwear		1x torch or head lamp (batteries)
OPTIONAL -				
Mullet or Gill Net (20-30m)		Spear or gaff		Handline or fishing line
Gumboots				